

STOMA MYTHBUSTERS

Who has a Stoma?

Anyone can have a Stoma.

What is a Stoma?

A Stoma is a surgically-created opening in the abdomen. It diverts the flow of bodily waste from a damaged or non-functioning bowel and/or bladder, allowing it to be collected in a bag.

*A Stoma can be temporary or permanent

There are three main types of stoma:

Colostomy



Diverts faeces from the colon

Ileostomy



Diverts faeces from the small intestine

Urostomy



Diverts urine away from the bladder



A person wears a bag on their abdomen to collect bodily waste

Why do people need a Stoma?

- Diverticulitis
- Cancer
- Crohn's & Colitis
- Childbirth
- Endometriosis
- Trauma
- Medical Negligence

Why do I need to be Stoma Aware?



Empower people to access the information and Support they need.



To stop Prejudice and discrimination.

Not all disabilities are visible

#stomafriendly

Over 200,000 People in the UK have a stoma

Together we are busting myths, breaking stigma, and celebrating life with a Stoma. The myths came from volunteers and other people with a Stoma.

#StomaMythbusters #StomaAware

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