

Colostomy UK Workshop: Caring for someone with a stoma



Our workshop provides unpaid carers, and health & social care professionals with practical advice and guidance on how to care for someone with **any type of stoma**.

By educating carers on the practical and emotional aspects of stoma care, we can directly improve the quality of life of those living with a stoma with additional support needs.

**Virtual
2 hour
workshop**

Course overview:

- The basics of supporting a person with a stoma
- Understanding how stomas are formed
- Types of stoma bags and how to change them
- Stoma problems
- Patient worries and lifestyle adjustments
- Physical and psychological issues associated with having a stoma
- Q&A

**Group
training**

**Facilitated
by a
qualified
stoma nurse**

**Priced
according to
your
organisation**

I enjoyed the course thoroughly. I have some knowledge now of stomas and it will make me feel more confident when the situation arises. That's a huge step ahead!

**Social Care Reablement, Devon
County Council**

I gained lots of information from taking part in this course, I will be more confident to care for a patient with stoma.

Woodhayes Nursing Home

**Contact getinvolved@colostomyuk.org or call 0118 939 1537
to find out more**