

# Grandma's New Bottom



# Colostomy UK



**Colostomy UK** is a national charity that offers support and advice to people living with a stoma, their families, carers, and friends. We're here if you have questions, need support or just want to talk to someone who lives with a stoma.

## Contact us

### **Write to:**

Colostomy UK  
100 Berkshire Place  
Winnersh  
Wokingham  
Berkshire  
RG41 5RD

### **Adminline:**

Tel: 0118 939 1537

### **Stoma helpline:**

Tel: 0800 328 4257

### **E-mail:**

[hello@colostomyuk.org](mailto:hello@colostomyuk.org)

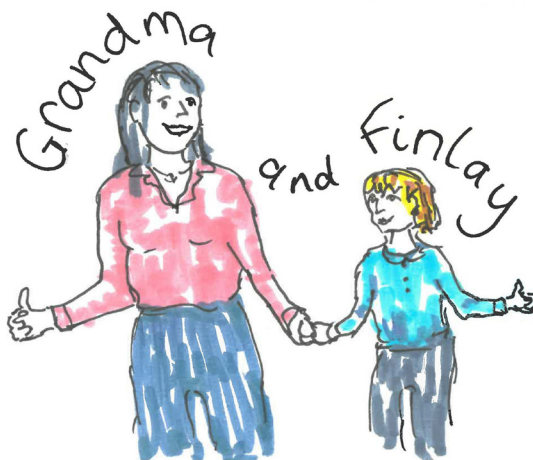
### **Website:**

[www.ColostomyUK.org](http://www.ColostomyUK.org)



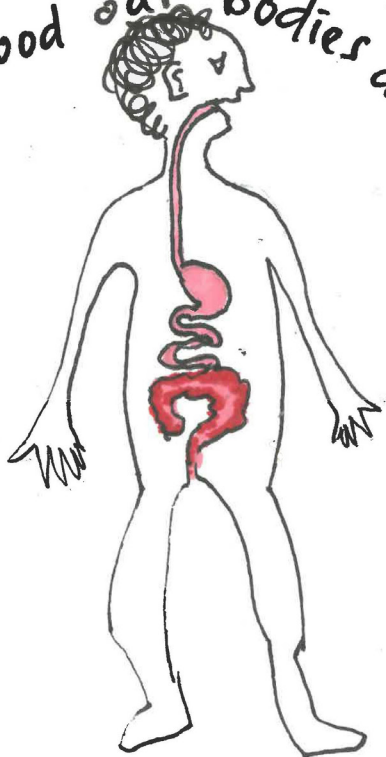
Finding out that you are seriously ill and need stoma surgery is a life-changing event. One of the first challenges, is breaking the news to loved ones. This can be especially difficult where young children are concerned. People often struggle to find the right words to explain things in a way that is readily understandable to a child but doesn't unduly upset or worry them.

Grandma's New Bottom was written with this in mind. It traces the story of a little boy called Finlay and his Grandma, as she becomes unwell, visits the doctor and then goes into hospital for surgery before coming home to recover.

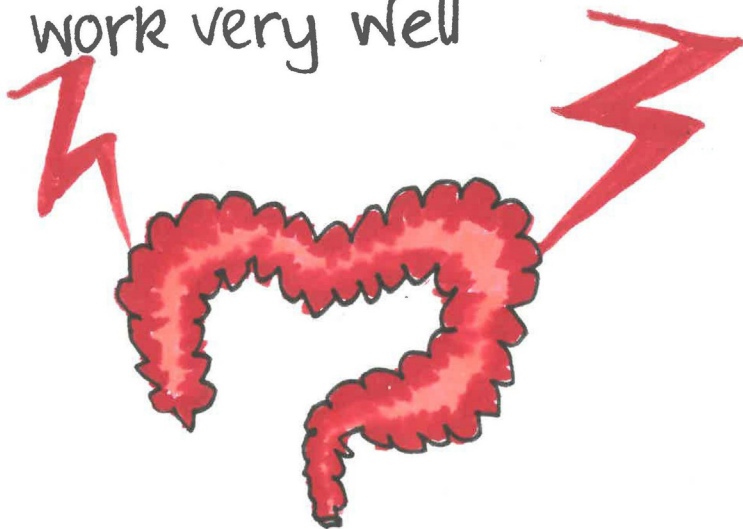


Inside our bodies everyone has  
a colon

A colon holds all the bits of food our bodies don't need until we need a poo



Grandma's colon doesn't  
work very well



Sometimes it hurts a lot  
and she has to do lots  
of poos.

Grandma went to see Doctor Kirsty. Doctor Kirsty gave her some new medicine



Grandma went to see Mr Nick at the hospital



Mr Nick is a surgeon. He does operations.

Mr Nick will give Grandma a special medicine to make her sleep.



Then he will take out her Colon

Bye bye Colon



And make

Grandma a  
**NEW BOTTOM!**



Grandma's new bottom  
will be

ON HER TUMMY!



It's  
called  
a

Stoma

Grandma won't need to  
poo on the toilet

She will do her poos into a special bag which sticks on her tummy



Grandma will need to rest  
after her operation



But it won't be long before  
Grandma and Finlay can

have  
lots

of hugs





## About the Author

Hello I'm Santina,

I worked for many years as a specialist preschool teacher in Warwickshire, supporting young children with special needs, their families, carers and staff in their preschool settings.

I was diagnosed with Ulcerative Colitis at the start of my teaching career and it was mostly under control until recently and I had a panproctocolectomy this year....and a new bottom!

I'd like to say a special thank you to all at Royal Bournemouth Hospital for taking good care of me.

I made this book to help my young grandson Finlay understand my operation and had such good feedback that I got together with Colostomy UK to make it available as a resource to others.



# Sam has a Stoma - From Colostomy UK

**Sam has a Stoma** has been prepared to help young children become familiar with stoma surgery. It's aimed at both those facing surgery and younger family members too.

You can download a copy on our website

[www.ColostomyUK.org/information/](http://www.ColostomyUK.org/information/)

or give us a call on **0118 939 1537**  
and we'll send you a copy



# Support from Colostomy UK

Our charity began in 1967 with hospital visiting. Since then we have expanded considerably the range and type of support we provide, to make us as accessible as possible to people with all types of stomas:

## **We provide:**

- A 24-hour free Stoma helpline: 0800 328 4257.
- Telephone Befriending service.
- Information booklets, leaflets and factsheets about all aspects of living with a stoma.
- Tidings, a quarterly magazine full of the latest news, articles by stoma care professionals, product information and real-life stories from other ostomates.
- A private Facebook group for supporting each other and exchanging hints and tips.
- A website that provides practical information, details of open days and a directory of organisations, support groups, products and services.
- Run and deliver national care workshops.

We hope that you have found this booklet useful. We also have over 100 volunteers, so if you still have any concerns or questions please get in touch and we can arrange for one of them to contact you.

The following 4 pages are for you and  
your child to draw and colour your story!









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For support and general enquiries:  
[hello@colostomyuk.org](mailto:hello@colostomyuk.org)

For marketing, campaigns, fundraising  
and trading:  
[getinvolved@colostomyuk.org](mailto:getinvolved@colostomyuk.org)



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