



FOUNDATION

**FREE DURING SEPTEMBER
£2.50 PER PERSON AFTER**

**SUITABLE
FOR
ADULTS**



WALKING RUGBY

Come and meet new friends and play a slow paced version of rugby league

Have fun, be active, improve strength and fitness

Every Monday 10am - 11am

Starting on Monday 5th September with coffee and tea provided after the session.

Venue:

Littleborough Sports Centre
Calderbrook Rd, Littleborough OL15 9JN

Supported by



yourtrust

#TogetherWeCan

Rochdale Hornets Rugby League
Crown Oil Arena, Sandy Lane, Rochdale OL11 5DR
foundation@hornetsrugbyleague.com

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