

Supporting and empowering you



COLOSTOMY UK ACTIVE OSTOMATES' DAY

Saturday 21 July 2018 – Medway Park –

Sally Port Gardens Entrance,
Sally Port Gardens, Gillingham, ME7 5BU

#ActiveOstomates



SecuriCare



Team Colostomy UK RL partners

Team Colostomy UK RL sponsors

FREE
ENTRY

Colostomy UK Active Ostomates' Day

Join us on **Saturday 21 July** for an Active Ostomates' family day with **Medway Dragons** at Medway Park, Gillingham. With two matches to watch and activities to join in with, it's a day out for all the family!

10:30am join in with Primary League Rugby taster sessions

If your son or daughter is aged between 6 and 11 and fancies having a go at Rugby League then start the day by signing them up for a Primary taster session with The Medway Dragons coaches. Spaces need to be booked in advance via Giovanni Cinque.



— 12:30pm — Team Colostomy UK

v

Medway Dragons Masters

In what is most probably a first for Rugby League and the stoma world, watch Team Colostomy UK make its debut against the Medway Dragons Masters team.

— 2:00pm — Medway Dragons

v

South London Chargers

The Medway Dragons first team face off against South London Chargers in London Championship action.

Medway Park

Sally Port Gardens entrance, Sally Port Gardens,
Gillingham, ME7 5BU

*Parking available on Sally Port Gardens
Refreshments will be available throughout the day.*

You can also take part in **Colostomy UK's 50K challenge** on the day.
Just visit **Colostomy UK's** stand to pick up a pedometer and t-shirt.



Entry is free – to help us plan for the day if you would like to attend please let us know by email to Giovanni.Cinque@ColostomyUK.org or call **0118 939 1537**.
Contact Giovanni to book Primary League Rugby sessions too.

#ActiveOstomates #TeamColostomyUK